

PHILIPPIANS 4:4-9 CONQUERING ANXIETY

Philippians 4:4-9 offers seven cures for conquering anxiety.

1. Rejoice (v. 4)

2. Be reasonable (v. 5)

3. Remember (v. 5)

4. Be resolved (v. 6)

5. Make requests (v. 6)

6. Reason (v. 8)

7. Respond (v. 9)

