

EPHESIANS 6:14

GOD'S POWERFUL PANOPLY

Piece one: Truth

*"Truth, which means sincerity of mind, is compared to a girdle. Now, a girdle was, in ancient times, one of the most important parts of military armour. Our attention is thus directed to the fountain of sincerity; for the purity of the gospel ought to remove from our minds all guile, and from our hearts all hypocrisy."*¹ — John Calvin

Defined.

Isaiah 11:5 and 1:10ff; Psalm 51:6

"Sincerity...is not strictly a grace but rather the ingredient in every grace... Sincerity qualifies our love; sincerity is to grace what the blood and spirits are to the body. There can be no life without the blood, so no grace without sincerity."

— Thomas Watson²

Dressed.

*"The failure to see the importance of conduct and of behaviour...is perhaps the besetting danger of those of us who are Protestants and who are most evangelical."*³ — Martyn Lloyd-Jones

Defended.

Proverbs 1:8-ff; 2:7ff; 10:9, 29; 11:3; 13:6

¹ John Calvin, *Calvin's Commentaries, Volume XXI*, (Grand Rapids, MI: Baker Books, 2023), 338.

² Thomas Watson, *The Godly Man's Picture* (Carlisle, PA: Banner of Truth Trust, 1992), 99.

³ Martyn Lloyd-Jones, *Life in Christ: Studies in 1 John* (Wheaton, IL: Crossway, 2002), 121.